

A NATION OF LIFESAVERS IN INDIA

The difference between life and death



Sudden cardiac arrest is the abrupt loss of heart function. It requires immediate quality

care. For every minute that passes without CPR, the chance of survival decreases by 10%. For every minute that passes without defibrillation, the chance of survival decreases by 7%.

1 in 500 people die from sudden cardiac arrest each year. This is 2-3 times more likely to die from sudden cardiac arrest than from a heart attack. Sudden cardiac arrest is a leading cause of death in young people. It is often preventable with CPR and defibrillation. The American Heart Association is committed to saving lives through CPR and defibrillation training. The American Heart Association is committed to saving lives through CPR and defibrillation training.