



# BUILDING A NATION OF LIFESAVERS

The **AMERICA'S HEAR CHALLENGE** and **CHAMPION** are service-learning based fundraising programs that give students the opportunity to feel good, while doing good. It's a way for students to better their life — all while changing someone else's.

**AMERICA'S HEAR CHALLENGE** to help kids with special hearts

**CHAMPION** the social, emotional, and physical health of your students, families, and staff

**AMERICA'S HEAR CHALLENGE** of Hands-Only CPR

Join schools across the country in building a nation of lifesavers as we work to end heart disease and stroke!

**90% of people who suffer an out-of-hospital cardiac arrest don't survive. Immediate Hands-Only CPR can double — even triple — a person's chance of surviving cardiac arrest.**

By completing **AMERICA'S HEAR CHALLENGE** students, staff, and families learn the lifesaving skill of **Hands-Only CPR**, creating a legacy of lifesavers.

**AMERICA'S HEAR CHALLENGE** if you see a teen or adult suddenly collapse.

**CHAMPION** in the center of the chest.

