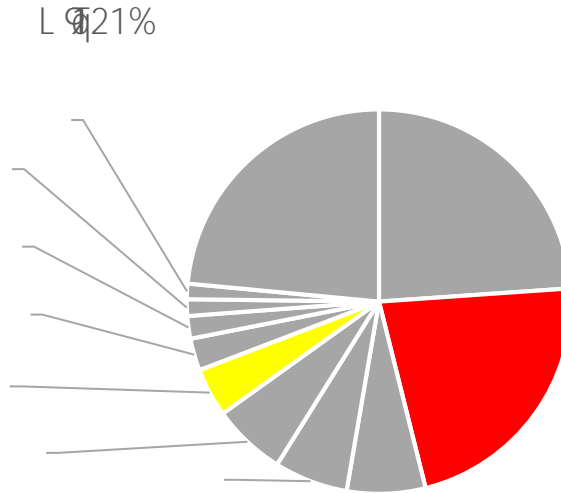


Vermont Fact Sheet



Vermont has the 21st lowest death rate from cardiovascular disease in the country.**

Heart Disease and Stroke Risk Factors in Vermont***

* List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017
^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
** Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.
***Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.
+ Includes only cigarette smoking
++ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
+++ Students who were 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017
++++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2017