



Idaho has the 26th lowest death rate from cardiovascular disease in the country.**

• Heart disease is the no. 1 killer in Idaho*

- Stroke is the no. 5 killer in Idaho*
- 3,084 people in Idaho died of heart disease in 2017*

726 in Idaho died of stroke in 2017*

Heart Disease and Stroke Risk Factors in Idaho***

Adults who are current smokers Adults who participate in 150+ min of aerobic physical activity per week Adults who are overweight or obese+ Adults who have been told that they have had a heart attack

+++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016

^{*} Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017. ^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory"

diseases." ** List includes Puerto Rico and D.C. Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report

^{**}Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017. + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more. ++ Students who were 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017