

medical care, even if insured, and are more likely to report negative health care experiences.¹⁵

A report on cardiac care quality of racial/ethnic minority groups found evidence of disparities in 84% of the studies examined.¹⁶

Blacks and Hispanics are more likely than whites to have no access to some preventive screening services.¹⁷

Blacks and Native Americans are over 40% less likely to receive IV thrombolysis for stroke.¹⁸

Racial/ethnic minorities are more than 50% less likely to take statin medications used to treat high cholesterol, compared to whites.¹⁹ Blacks are far more likely than whites to have a heart attack, and have higher mortality and

readmission rates at 1-year follow-up.²⁰ Blacks hospitalized with a heart attack are less likely to receive revascularization compared to white and Hispanic patients, even after adjusting for insurance status and

comorbidities.²¹

Minorities with coronary heart disease are less likely to receive referrals for cardiac rehabilitation.²²

Minorities are more likely to receive care in lower-performing hospitals.²³

HEALTH CARE WORKFORCE

There are fewer minority physicians and limited awareness among cardiovascular practitioners about health care disparities.

Only 13% of physicians identify as an ethnic minority.²⁴

In the past three decades, there has been little

growth among black medical school graduates.

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